RECOVER FASTER WITH OOFOSS

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This is science. That's the cool thing about it. Somebody really invented a de-loading device for my feet. From an athletic standpoint, when you say, 'take a load off your feet', and you can literally do that for somebody - take 40% load off after they've done something really stressful – after they've skated, after they've run, after they've jumped - that's a really really good thing. – Mike Boyle, Founder Mike Boyle Strength & Conditioning

Made with proprietary OOfoam™ technology, OOFOSS absorb 37% more impact* than traditional foam footwear materials for the perfect blend of cushion and stability.

Then there’s our patented footbed. It cradles and supports arches to reduce energy exertion in the ankles. So walking is easier. Recovery is faster. And you actually feel better.

BACKED BY SCIENCE

Research conducted at the UVA Speed Clinic and UMass Biomechanics Lab comparing OOfoam™ technology to performance-shoe foams.

1. Integrative tool for Active Load Management.
2. Reduced Vertical GRF.
3. Reduced compressive forces in the knee.
4. Up to 47% less ankle power required.
5. Enables natural foot motion/mechanics.
6. More even distribution of pressure across the plantar and sole of the foot.
7. Up to 88% reduction of load rates

ACTIVE RECOVERY

OOOriginal (Unisex)
OOahh Sport Flex (Unisex)
Men's OOmeg Mesh
Women's OOmeg Fibre